



**SCHOOL OF HEALTH, PHYSICAL
EDUCATION, AND RECREATION**

INDIANA UNIVERSITY

Physical Activity, Fitness and Wellness

M.S. in Kinesiology degree (36 - 38 credit hours required for non-thesis option. 44 - 47 credit hours required for thesis option)

3.0 GPA for required for graduation, C- required in each course

Effective for students matriculating fall 2009

Department of Kinesiology – HPER 112 – (812) 855-5523

Core Courses – Twenty-four (24) credit hours required

CODE	COURSE TITLE	SEMESTER	CREDITS	REQUIRED		FILE UPDATE	GRADE
				YES	NO		
K500	Administration of Fitness Programs	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
R544	Legal Aspects of Recreation	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K527	Adherence to Physical Activity	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K615/ T594	Financial Analysis of Sport/Finance and Budgeting	Fall/Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K553	Physical Activity and Health	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K524	Exercise and Physical Activity for People with Disabilities	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K554	Seminar in Physical Activity, Fitness and Wellness	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K560	Exercise in Corporate Fitness and Wellness	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		

Program Concentrations

Program concentrations must be chosen in consultation with the student's major advisor.

A. Physical Activity, Fitness and Wellness Management Track - Twelve (12) credit hours

CODE	COURSE TITLE	SEMESTER	CREDITS	REQUIRED		FILE UPDATE	GRADE
				YES	NO		
K614	Sport Sponsorship and Retention	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K514	Sport Marketing and Sponsorship	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K516	The Sport Industry	Sum II	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
R570/K510	Recreational Sport Administration/Administrative Theory of Competitive Sports Programs *R570 conflicts w/C589	Fall/Sum II	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K580	Sport Communication	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
K581	Sales and Service Management in Sport	Sum I	3.0	<input type="checkbox"/>	<input type="checkbox"/>		

B. Physical Activity and Public Health Track – Fifteen (15) credit hours

CODE	COURSE TITLE	SEMESTER	CREDITS	REQUIRED		FILE UPDATE	GRADE
				YES	NO		
C510	Organization and Administration of Public Health Programs	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
C501	Assessment and Planning in Public Health	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
C611	Epidemiology	Spring	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
C589	Models and Theories of Health Behavior	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		
C591	Public Health Statistics	Fall	3.0	<input type="checkbox"/>	<input type="checkbox"/>		

C. Physical Activity Individualized Program Track – Twelve (12) credit hours

Students may develop an individualized focus area of study in conjunction with the assigned advisor and final approval from all three primarily faculty in the Physical Activity, Fitness and Wellness degree program.

Thesis and Non-Thesis Options

Option	Course Requirements	Exit Criteria
Non-thesis: 36-39 hours total	24 hour core 12 or 15 hour program track	Passing comprehensive examination after course requirement completion; certification*
Thesis option: 44-47 hours total	24 hour core 12 or 15 hour program track 5.0 thesis credit hours T591/C591 Statistical Techniques of Research/Public Health Statistics 3.0 credits	Successful defense of Master's thesis; certification*

*Students in both the thesis and non-thesis options will earn certification from either the American College of Sports Medicine, American Council on Exercise, National Strength and Conditioning Association, National Academy of Sport Medicine or another National Commission on Certifying Agencies approved organization as part of the M.S. degree in Physical Activity, Fitness and Wellness exit criteria.

NOTE: Students who choose the thesis option and Physical Activity, Fitness and Wellness Management track will need to take T591 as an additional elective (15 hour elective track).

The following materials are required before consideration of admittance to the thesis option:

1. A formal letter stating research interests and justification for admittance to the option.
2. Written verification that a tenure line faculty member in the Physical Activity, Fitness and Wellness degree program will serve as major advisor for the project.

Materials must be received by the end of classes of the second semester of full-time enrollment in the Physical Activity, Fitness and Wellness major. Faculty will meet and render judgment if the candidate is acceptable for admission to the thesis-option by May 30 of that calendar year.

Admissions Competencies

Pre-requisites: Students must meet the following competency requirements by showing coursework equivalents prior to entering the program. Students will not be admitted without evidence that the pre-requisites have been met.

CODE	COURSE TITLE	SEMESTER	CREDITS	REQUIRED		FILE UPDATE	GRADE
				YES	NO		
P205	Structural Kinesiology OR A215 Basic Human Anatomy		3.0-5.0	<input type="checkbox"/>	<input type="checkbox"/>		
P215	Basic Human Physiology		5.0				
P409	Basic Physiology of Exercise (P: ANAT A215 or HPER P205 & PHSL P215)		3.0	<input type="checkbox"/>	<input type="checkbox"/>		

Deficiencies: Students must either complete the following courses either prior to admission or take the courses during enrollment in the graduate program. Equivalent courses taken at other universities will be considered on a case by case basis. Undergraduate courses cannot be included on the degree plan.

CODE	COURSE TITLE	SEMESTER	CREDITS	REQUIRED		FILE UPDATE	GRADE
				YES	NO		
P417	Physical activity and disease (P: A215; P409)		3.0	YES	NO		
P420	Exercise Leadership & Program Design for Apparently Healthy & Special Populations (P: P409)		3.0	<input type="checkbox"/>	<input type="checkbox"/>		