



SCHOOL OF HEALTH, PHYSICAL EDUCATION, AND RECREATION

INDIANA UNIVERSITY

Therapeutic Recreation (RECTHBSR)

B.S. in Recreation degree (124 minimum credit hours)

2.3 GPA required for admission. 2.0 GPA required for graduation.

Effective for students matriculating summer 2010

HPER 133 – (812) 855-4711

Students must complete all General Education requirements and all Major requirements. Any acceptable General Education course which is also required in the major may apply to (double-count in) both required areas. Courses common to the areas of World Cultures, Arts and Humanities, and Social and Historical Studies may also double count. However, credit for such courses counts only once toward the total required credits for a degree. See School of HPER Bulletin online at <http://www.indiana.edu/~bulletin/iub/hper/2010-2012/index.shtml> for links to GenEd course listings.

General Education (20 – 39 credits)

English Composition (0 to 3 credits, C- minimum required)

Complete one of the following options:

- ___ 3 ENG-W 131 Elementary Composition
- ___ 3 ENG-W 170 Projects in Reading and Writing
- ___ 0 ENG-W 131 EX Elementary Composition Exemption

Mathematical Modeling (3 to 4 credits)

Complete one of the following options:

- ___ 3 MATH-A 118 Finite Mathematics for the Soc and Behavior Sci
- ___ 4 MATH-D 116 AND MATH-D 117 Intro to Finite Mathematics I-II
- ___ 3 MATH-J 113 Introduction to Calculus with Applications
- ___ 3 MATH-M 118 Finite Mathematics
- ___ 3 MATH-M 119 Brief Survey of Calculus I
- ___ 4 MATH-M 211 Calculus I
- ___ 4 MATH-M 213 Accelerated Calculus
- ___ 3 MATH-S 118 Honors Finite Mathematics

Natural and Mathematical Sciences (5 to 6 credits)

Complete 6 credits or one 5 credit course with a substantial laboratory component. Choices are on the approved list in the School of HPER Bulletin.

Arts and Humanities (6 credits)

Complete 6 credits on the approved list in the School of HPER Bulletin.

Social and Historical Studies (6 credits)

Complete 6 credits on the approved list in the School of HPER Bulletin.

World Languages and Cultures (0 to 14 credits)

Choose one of the following three options:

Complete 6 credits of world culture courses.

OR

Achieve competency in a single foreign language equal to successful completion of the four semester sequence in a world language.

OR

Complete a 6-credit International experience in an approved study abroad. A list of approved course choices may be found in the School of HPER Bulletin.

See the School of HPER online bulletin for requirement details and approved courses.

Major (87 – 90 credits)

Professional Recreation (33 credits, minimum cumulative GPA of 2.0 required in these 33 credits)

- ___ 3 HPER-R 160 Foundations of Recreation & Leisure **S&H**
- ___ 3 HPER-R 270 Inclusive Recreation Services
- ___ 3 HPER-R 272 Recreation Activity Leadership Methods
- ___ 1 HPER-R 301 Preparation for Internship
- ___ 3 HPER-R 340 Leisure in Modern Society
- ___ 14 HPER-R 363 Professional Internship
- ___ 3 Statistics Elective: HPER-R 390 PSY/MATH/SPEA-K 300, ECON- E370, SOC-S 371
- ___ 3 HPER-R 490 Research & Evaluation
- ___ 320 Hrs Field Experience--Date Completed ___ / ___ / ___

Therapeutic Recreation Specialization (54 to 57 credits)

- ___ 3 HPER-R 277 Introduction to Therapeutic Recreation
- ___ 2 HPER-R 279 Outdoor Adventure Education
- ___ 3 HPER-R 362 Therapeutic Communication
- ___ 3 HPER-R 378 Techniques in Therapeutic Rec (C min)
- ___ 3 HPER-R 379 Clinical Pract in Therapeutic Rec (C min)
- ___ 1 HPER-R 402 Senior Seminar
- ___ 3 HPER-R 462 Org & Mgmt of Therap Rec Programs
- ___ 3 HPER-R 479 Trends/Issues in Therapeutic Recreation
- ___ 3 HPER-P 398 Adapted Physical Education
- ___ 3-5 ANAT-A 215 Basic Human Anatomy **N&M**
or HPER-P 205 Structural Kinesiology
- ___ 2 CLAS-C 209 Medical Terminology
- ___ 5 PHSL-P 215 Physiology **N&M**
- ___ 3 PSY-P 315 Developmental Psychology
or HPER-F 150 Intro Life Span Development
- ___ 3 PSY-P 101 Intro Psych I **N&M**
- ___ 3 PSY-P 102 Intro Psych II **S&H**
- ___ 3 PSY-P 324 Abnormal Psychology
- ___ 3 SOC-S 100 Intro to Sociology **S&H**
- ___ 3 Sociology Elective (Any Sociology Course)
or PSY-P 304 Social Psychology of Individual Difference
- ___ 2-3 Therapeutic Intervention Elective **Consult with your Advisor**

GENERAL EDUCATION	20-39
MAJOR	87-90
COMPLETE A MINIMUM OF 124 CREDITS FOR THIS DEGREE.	

Visit the RPTS website at www.indiana.edu/~recpark

Course Sequence Map

Summer 2010

Therapeutic Recreation

	First Semester	Second Semester
First Year	HPER-R 160 Found of Rec & Leisure (3) ENG-W 131, Elem Comp. (3), or ENG-W 170 (3) SOC-S 100 Intro to Sociology (3) Mathematical Modeling GE course (3-4) Elective (1-3 - if needed for credit hour req.) NOTE: A student needs to average 16 hours per semester to graduate in 8 semesters (124 credit hours).	HPER-R 270 Inclusive Rec Services (3) HPER-R 277 Introduction to Therapeutic Recreation (3) PSY-P 101 Intro to Psychology I (3) Arts & Humanities GE course (3) World Languages & cultures GE course (3) TOTAL: 27-28 crs.
Second Year	HPER-R 272 Rec Act Leadership Methods (3) CLAS-C 209 Medical Terminology (2) Natural & Mathematical Sciences GE course (5-6) Social & Historical Studies GE course (3) Sociology elective or PSY-P 304 (3)	HPER-R 279 Outdoor Adventure Educ. (2) ANAT-A 215 Basic Human Anatomy (5) Or HPER P205 Structural Kines (3) PSY-P 102 Intro to Pyschology II (3) World Languages & Cultures GE course (3) Arts & Humanities GE course (3) TOTAL: 30-33 crs.
Third Year	HPER-R 362 Therapeutic Comm (3) HPER-R 378 Techniques in TR (3) PHSL-P 215 Physiology(5) PSY-P 315 Developmental Psy (3) or HPER-F150 Intro Life Span Development (3)	HPER-R 340 Leisure in Modern Society (3) HPER-R 379 Clinical Practice in Therapeutic Rec (3) HPER-R 390 Statistics in RPTS Or stats equivalent(3) HPER-R 462 Organization & Management of TR (3) PSY-P 324 Abnormal Psychology (3) TOTAL: 30 crs.
Fourth Year	HPER-R 301Preparation for Internship (1) HPER-R 402 Senior Seminar in TR (1) HPER-R 479 Trends & Issues in TR (3) HPER-R 490 Research & Eval (3) HPER-P 398 Adapted Physical Education (3) TR Intervention Electives (2-3) Elective (1-4 - if needed for credit hour req.) NOTE: 320 hours field experience also required	HPER-R 363 Professional Internship (14) NOTE: The internship (R363) can be taken any time after the first semester of the junior year. It is generally recommended the internship be taken prior to the last academic year or semester. It is common for it to be taken during the summer. TOTAL: 26-27 crs. OVERALL TOTAL: 124 crs.

Therapeutic Recreation

Through opportunities for direct experience with clients with disabilities, the therapeutic recreation specialization prepares students to assume positions as recreation therapy specialists. Using a variety of techniques, including arts and crafts, animals, sports, games, dance and movement, drama, music, and community outings, therapists treat and maintain the physical, mental, and emotional well-being of their clients. Professionals assess individuals' needs, plan and implement specific interventions to meet those needs, and document and evaluate the effectiveness of the interventions. All students graduating from the major are eligible to sit for the National Council on Therapeutic Recreation Certification (NCTRC) examination.

Career possibilities include recreation therapy specialist positions in:

- Acute care facilities
- Adult day care facilities
- Assisted living facilities
- Developmental learning centers
- Public and private medical and psychiatric hospitals
- Long-term and residential care facilities
- Mental health centers
- Community park and recreation departments
- Psychiatric/behavioral health settings
- Physical and substance abuse rehabilitation centers
- Special education programs in schools
- Stress care units