



# SCHOOL OF HEALTH, PHYSICAL EDUCATION, AND RECREATION

INDIANA UNIVERSITY

## Therapeutic Recreation

B.S. in Recreation degree (124 cr)

2.3 GPA required for admission. 2.0 GPA required for graduation.

Effective for students matriculating fall 2008

Recreation, Park, and Tourism Studies – HPER 133 – (812) 855-4711

### Major (68 -- 71 Credits)

#### THERAPEUTIC RECREATION SPECIALIZATION (41 -44 Credits)

- \_\_\_ 3 HPER-R 277 Introduction to Therapeutic Recreation
- \_\_\_ 2 HPER-R 279 Outdoor Adventure Education
- \_\_\_ 3 HPER-R 362 Therapeutic Communication
- \_\_\_ 3 HPER-R 378 Techniques in Therapeutic Rec (C min)
- \_\_\_ 3 HPER-R 379 Clinical Pract in Therapeutic Rec (C min)
- \_\_\_ 1 HPER-R 402 Senior Seminar
- \_\_\_ 3 HPER-R 462 Org & Mgmt of Therap Rec Programs
- \_\_\_ 3 HPER-R 479 Trends/Issues in Therapeutic Recreation
- \_\_\_ 2 HPER-E 119 Personal Fitness **OR**  
     HPER-P 290 Movement for Elem School Children
- \_\_\_ 3-5 ANAT-A 215 Basic Human Anatomy **OR**  
     HPER-P 205 Structural Kinesiology
- \_\_\_ 2 CLAS-C 209 Medical Terminology
- \_\_\_ 5 PHSL-P 215 Physiology
- \_\_\_ 3 PSY-P 315 Developmental Psychology **OR**  
     HPER-F 150 Intro Life Span Development
- \_\_\_ 3 PSY-P 324 Abnormal Psychology
- 2-3 Therapeutic Intervention Elective **Consult with your Advisor.**

#### PROFESSIONAL RECREATION (27 Credits)

(Minimum cumulative GPA of 2.0 required in these 27 credits.)

- \_\_\_ 3 HPER-R 270 Inclusive Recreation Services
- \_\_\_ 3 HPER-R 272 Recreation Activity Leadership Methods
- \_\_\_ 1 HPER-R 301 Preparation for Internship
- \_\_\_ 3 HPER-R 340 Leisure in Modern Society
- \_\_\_ 14 HPER-R 363 Professional Internship
- \_\_\_ 3 HPER-R 490 Research & Evaluation
- \_\_\_ 320 Hrs Field Experience--Date Completed \_\_\_ / \_\_\_ / \_\_\_

### General Education (41 Credits)

#### HUMANITIES (18 credits)

- \_\_\_ 3 CMCL-C 121 Public Speaking (C- min) **OR**  
     CMCL-C 122 Interpersonal Communication (C- min)
- \_\_\_ 3 ENG-W 131 Elementary Comp 1 (C- min)
- \_\_\_ 3 ENG-W 231 Professional Writing Skills
- \_\_\_ 3 HPER-R 160 Foundations of Recreation & Leisure
- 6 Humanities Electives **Choose 6 credits from departments listed under Humanities in the School of HPER Bulletin. Suggested are courses in Literature, Comparative Literature, Music, Art, or Theatre Appreciation, Philosophy, Religion, and Folklore.**

#### LIFE & PHYSICAL SCIENCES (8 CREDITS)

3 Statistic Elective **HPER-R 390 - Statistical Applications in Leisure Studies is suggested. Other courses which will satisfy the requirement are, PSY / MATH / SPEA-K 300, ECON-E 370, and SOC-S 371.**

- 5 Life & Physical Science Elective(s)

#### SOCIAL & BEHAVIORAL SCIENCES (15 Credits)

- 3 History or Political Science Elective

- \_\_\_ 3 PSY-P 101 Introductory Psychology 1
- \_\_\_ 3 PSY-P 102 Introductory Psychology 2
- \_\_\_ 3 SOC-S 100 Introduction to Sociology
- \_\_\_ 3 Sociology Elective (Any Sociology Course) **OR**  
     PSY-P 304 Social Psyc of Individ Difference **OR**  
     PSY-P 320 Social Psychology

### Electives (12 - 15 Credits) May be taken PASS/FAIL

Visit the HPER website at [www.hper.indiana.edu](http://www.hper.indiana.edu).

**SUGGESTED COURSE SEQUENCE**  
**DEPARTMENT OF RECREATION & PARK ADMINISTRATION**  
**OPTION: THERAPEUTIC RECREATION**

	<b>First Semester</b>	<b>Either Semester</b>	<b>Second Semester</b>
<b>First Year</b>	CMCL-C 121 Public Speaking <b>Or</b> CMCL-C 122 Interpersonal Communications (3) ENG-W 131 Elementary Comp. (3) PSY-P 101 Introductory Psych 1 (3)  NOTE: A student needs to average 16 hours per semester to graduate in 8 semesters (124 credit hours).	CHEM-C 101 Elem.. Chemistry (3) CHEM-C 121 Elem.. Chemistry Lab <b>Or</b> Life Physical Science electives (2) Elective(s) (3) Humanities Elective (3) SOC-S 100 Intro to Sociology (3) HPER-R 160 Recreation & Leisure (3)	ENG-W 231 Elementary Comp.(3) PSY-P 102 Intro Psy 2 (3)          TOTAL: 32 crs.
<b>Second Year</b>	HPER-E 119 Personal Fitness <b>Or</b> HPER-P 290 Movement for Elementary School Children (2) HPER-R 270 Inclusive Rec Services (3)	ANAT-A 215 Basic Human Anatomy <b>Or</b> HPER P205 Structural Kines (3 - 5) Electives (3) History/Political Science Elective(3) Humanities Electives (3) PHSL-P 215 Physiology(5) PSY-P 320 Social Psychology <b>Or</b> Sociology Elective (3)	HPER-R 272 Rec Act Leadership Methods (3) HPER-R 277 Introduction to Therapeutic Recreation (3) HPER-R 279 Outdoor Adventure Educ. (2)          TOTAL: 33-35 crs.
<b>THIRD YEAR</b>	HPER-R 362 Therapeutic Comm (3) HPER-R 378 Techniques in TR (3)	CLAS-C 209 Medical Terminology (2) Electives (6) HPER-F 150 Intro to Life Span Dev <b>Or</b> PSY-P 315 Developmental Psy <b>Or</b> PSY-P 316 Child & Adolescent (3) HPER-R 390 Statistics <b>Or</b> stats elective (3) PSY-P 324 Abnormal Psychology (3)	HPER-R 340 Leisure in Modern Society (3) HPER-R 379 Clinical Practice in Therapeutic Recreation (3) HPER-R 462 Organization & Management of TR (3)          TOTAL: 32 crs.
<b>FOURTH YEAR</b>	HPER-R 402 Senior Seminar in TR (1) HPER-R 479 Trends & Issues in TR (3) HPER-R 301Preparation for Internship (1) HPER-R 490 Research & Eval (3) TR Intervention Electives (2-3) Elective (3)    NOTE: 320 hours field experience also required		HPER-R 363 Professional Internship (14)          TOTAL: 27 - 28 crs.  OVERALL TOTAL: 124 crs.