



**SCHOOL OF HEALTH, PHYSICAL
EDUCATION, AND RECREATION**
INDIANA UNIVERSITY

Health Education – Secondary Teacher Preparation

B.S. in Applied Health Science degree (124 cr.)
2.5 GPA req. for admission & graduation. No Pass/Fail except free electives
Licensure requires a 2.5 GPA in the major, prof education, and overall.
Effective for students matriculating fall 2008
Department of Applied Health Science – HPER 116 – (812) 855-3627

Major (74 Credits)

Professional Health Core (34 credits required)
(2.5 GPA req. for tchnlg License, C- minimum in each course)

Required: (28 credits)

- ___3 HPER-F 255 Human Sexuality
- ___3 HPER-H 160 First Aid and Emergency Care
- ___3 HPER-H 174 Prevention of Violence in American Society
- ___3 HPER-H 180 Stress Prevention and Management
- ___1 HPER-H 205 Introduction to Health Education (S/F)
- ___3 HPER-H 311 Human Diseases & Epidemiology
- ___3 HPER-H 315 Consumer Health
- ___3 HPER-H 318 Drug Use in American Society
- ___3 HPER-H 464 Coordinated School Health Programs
(P: H 263, H352 or consent of instructor)
- ___3 HPER-N 220 Nutrition for Hlth or HPER N231 Human Nutrition
(P:CHEM-C 101; BIO- L 100 or equiv)

Select 6 credits from the following:

- ___3 HPER-C 310 Health Care in Diverse Communities
- ___3 HPER-C 354 Gerontology: Multidisciplinary Perspectives
- ___3 HPER-C 366 Community Health ~
- ___3 HPER-C 403 Techniques of Public Health Education ~
- ___3 HPER-F 150 Introduction to Life-Span Human Development
- ___3 HPER-F 258 Marriage & Family Inter *(Highly recommended)*
- ___3 HPER-F 317 Topical Seminar (Repeatable w/ different topic)
- ___3 HPER-H 163 Emerging Health Issues
- ___3 HPER-H 172 International Health & Social Issues
- ___3 HPER-H 220 Death & Dying
- ___3 HPER-H 234 Prevention of Cardiovascular Disease
- ___3 HPER-H 305 Women's Health
- ___3 HPER-H 306 Men's Health
- ___3 HPER-H 317 Topical Seminar (Repeatable with different topic)
- ___3 HPER-H 320 The Nature of Cancer
- ___3 HPER-H 326 AIDS & Other STD's (summer only)
- ___3 HPER-H 327 Practicum in College Death Education
(P: Permission of instructor)
- ___3 HPER-H 340 Practicum in College Sex Education
(P: Permission of instructor)
- ___3 HPER-H 418 Nature of Addictive Disorders *(P: Sr. standing)**
- ___3 HPER-H 445 Travel Study
- ___3 HPER-H 460 Practicum in First Aid Instruction
(P: HPER H160 with a "B" or better, or equiv)
- ___3 HPER-S 217 Safety: A Personal Focus

Professional Education Courses (40 credits)
(2.5 GPA req. for tchnlg license, C minimum in each course)

- ___3 EDUC-W 200 Using Computers in Education
- ___3 EDUC-P 312 Learning Theory into Practice
- ___3 EDUC-P 313 Persp on Adolescents in Learning Communities
- ___3 EDUC-M 300 Teaching in a Pluralistic Society
NOTE: Students must have taken or be enrolled in the above courses in order to apply for the Teacher Education Program.
- ___3 EDUC-G 203 Communication in the Classroom
- ___3 EDUC-K 306 Tchnlg Students w/ Special Needs in Sec. Classrooms
(P: Entrance to Teacher Educ. Prog)
- ___3 EDUC-H 340 Education & American Culture
- ___3 HPER-H 352 Sec. Sch. Health Curriculum & Strategies **
(P: Entrance to Teacher Educ. Prog.; C: H353)
- ___1 HPER-H 353 Field Observation ***(C: H352;grade S/F)*
- ___3 HPER-H 452 Secondary Sch. Health Instruction and Assessment *
(P: H352/353 and entrance to Teacher Educ. Prog; C: H453)
- ___1 HPER-H 453 Microteach. Lab for Hlth Educ. **(C:H452;grade S/F)*
- ___1 EDUC-M 420 Student Teaching Seminar (taken with M480; grade S/F)
- ___10-16 EDUC M480 Student Teaching

General Education (38 Credits)

Humanities (15 credits)

Oral and Written Expression (9 credits) (C or better in each course)

- ___3 ENG-W 131 Elementary Composition 1 OR
ENG-W 170 Projects in Reading and Writing
- ___3 CMCL-C 121 Public Speaking *(no correspondence)*
- ___3 ENG-W 231 Professional Writing Skills

Humanities electives (6 credits)

Life and Physical Science (11 credits)

- ___3 HPER-H 263 Personal Health
- ___3 HPER-P 205 Structural Kines OR
5 ANAT-A 215 Basic Human Anatomy
- ___5 PHSL-P 215 Basic Human Physiology

Social and Behavioral Science (12 credits)

- ___3 SOC (any SOC course) _____

Distribution of 9 hours to be selected from the following departments:
ANTH, CJUS, ECON, HUMAN GEOG, HIST, POLS, PSY, and SOC

Free Electives (12 credits). Can be PETE courses.
Membership in a professional organization is strongly recommended.

* = Fall only ** = Spring only

~ Choose these courses to complete a public health education minor.

COGNATE IN PHYSICAL EDUCATION (31 Credits)

Recommended so that students are certified to teach secondary physical education along with health. In order to complete this cognate, students must be admitted to the PETE program. Students should apply to the PETE program immediately after completing P140/P141. They should take P140/P141 as soon as possible. Applications are due November 1st for Fall admission and March 1st for Spring admission. Students must be admitted to the PETE program before taking P214/P203. Please see this website on applying to the PETE program:

<http://www.indiana.edu/~kines/undergraduate/physical.shtml>

Required courses: (C minimum required in each course)

- __3 HPER-P 140 Foundations of PE (take concurrently w/ P 141)
- __2 HPER-P 141 Fndtns of Human Movemnt (take with P 140)
- __1 HPER-P 203 Teaching Practicum in PE(Coreq. with P 214 fall)
- __3 HPER-P 214 Basic Methods of Teaching PE (P: P 140, P 141)
(Coreq w/ P 203 or permission, fall, summer)
- __3 HPER-P 216 Current Concepts in Physical Fitness
- __2 HPER-P 224 Teaching of Dance Activies
- __1 HPER P 303 PE Lab/ Field Experience (Coreq. P 314, spring)
- __1 HPER-P 313 Tools of Learning (spring)
- __3 HPER P 314 Intermd Mthds in Tch PE(P: P214 Coreq. P 303 spring)
- __2 HPER-P 316 Theories of Advanced Conditioning (P: P 216)
- __2 HPER-P 323 Tchng Indiv/Dual Activ (P: P 314, spring, summer**)
- __2 HPER-P 325 Teaching Team Activities (P: P 314, fall, summer**)
- __3 HPER-P 398 Adapted Physical Education
- __3 HPER EDUC M 456 Methods of Teaching PE (Coreq. M 403 fall)
- __0 HPER/EDUC-M 403 Lab Field Experience (Coreq. M 456 fall)

Must also complete:

- First Aid/CPR certification earned in HPER-H 160 First Aid & Emergency Care, **OR** via community resources.
- PE student teaching experience along with health student teaching (approx. 2/3 health and 1/3 phys ed recommended)

** These summer classes may be odd or even years only and are contingent upon adequate enrollment—check with your advisor.

Admission Requirements for Teacher Education Program (apply as soon as requirements are met in sophomore year)

(Acceptance to TEP required for entry to Health and PE methods courses, for student teaching, and for certification)

1. All students must complete an admissions application.
(<https://info.educ.indiana.edu/teachered/>)
2. All students must attain a minimum overall GPA of 2.5.
3. All students must earn a minimum grade of C in the course designated for oral expression. They must also earn a minimum grade of C in courses designated for written expression. The speech requirement may not be met by correspondence.
4. All students must complete all EDUC courses with a minimum grade of C (2.0).
5. All students must earn a minimum GPA of 2.5 in 12 credit hours of their major.
6. All students must earn qualifying scores on the Praxis I test in Reading, Writing and Math. The Praxis I test should be taken as early as possible in the student's career.
7. All students must have taken or be enrolled in these courses:
EDUC-W 201 (1), P 312 (3), P 313 (3), M 300 (3).

Students must attend a student teaching meeting and apply during the fall semester of the year BEFORE they expect to student teach. Student teaching application deadlines will be assigned during the student teacher meeting.

Other tests required include:

NTE Specialty Exam in Health and Safety (Usually Senior Year)

Check with Education 1000 (Student Services) about appropriate time to apply for teaching license.

Check with). Dr. Trent Applegate, faculty advisor, 856-4887,, about membership in ETA SIGMA GAMMA (National Professional Health Science Honorary), NU chapter (Indiana University). This is an honorary organization which offers the opportunity to volunteer and gain professional experience.

AMERICAN SCHOOL HEALTH ASSOCIATION

A professional organization dedicated to school health education.

www.ashaweb.org

SUGGESTED COURSE SEQUENCE FOR HEALTH EDUCATION- SECONDARY TEACHER PREPARATION (WITHOUT PE COGNATE)

FRESHMAN YEAR

Fall Semester

ENG-W 131 (3)
HPER-F 255 (3)
HPER-H 263 (3)
Soc & Beh elec. (3)
EDUC-W 200 (3)

Spring Semester

CMCL-C 121 (3)
HPER-H 160 (3)
HPER-H 174 (3)
HPER-H 180 (3)
HPER-H 205 (1)
Sociology Course (3)

SOPHOMORE YEAR

Fall Semester

EDUC-G 203 (3)
HPER-P 205 (3)
EDUC-P 312 (3)
EDUC-P 313 (3)
Elective or PE (5)

Spring Semester

PHSL-P 215 (5)
HPER-H 315 (3)
EDUC-M 300 (3)
ENG-W 231 (3)
Elective or PE (2)

*NOTE: Students must be admitted to the Teacher Education Program in order to sign up HPER-H 352/353 and HPER-H 452/453.

JUNIOR YEAR

Fall Semester

EDUC-K 306 (3)
EDUC-H 340 (3)
HPER-H 318 (3)
HPER-N 220 (3)
Soc. & Beh. Elec. (3)

Spring Semester

HPER-H 311 (3)
HPER-H 315 (3)
*HPER-H 352 (3)
*HPER-H 353 (1)
HPER-H 464 (3)
Health Elec. (3)

SENIOR YEAR

Fall Semester

*HPER-H 452 (3)
*HPER-H 453 (1)
Humanities Elec. (3)
Humanities Elec. (3)
Soc. & Beh. Elec. (3)
Health Elec. (3)

Spring Semester

EDUC-M 480 (10-16)
EDUC M420 (1)

NOTE: Students must have valid CPR Certification (i.e. within the last year) in order to apply for teacher certification in Indiana.