



SCHOOL OF HEALTH, PHYSICAL EDUCATION, AND RECREATION

INDIANA UNIVERSITY

Human Development and Family Studies

B.S. in Applied Health Science degree (124 cr)

2.5 GPA req. for admission. No Pass/Fail except free electives

Effective for students matriculating fall 2008

Department of Applied Health Science – HPER 116 – (812) 855-3627

Major (72 Credits)

Professional Courses (48 credits, C- min in each course)

- ___ 3 HPER-F 150 Intro to Life-Span Human Development
- ___ 3 HPER-F 255 Human Sexuality
- ___ 3 HPER-F 258 Marriage & Family Interaction
- ___ 3 HPER-F 346 Human Dev I - Conception > Early Childhood *
(P:HPER-F 150 & F 258 or equiv)
- ___ 3 HPER-F 347 Human Dev II - Mid Childhood > Adolescence**
(P:HPER-F 150 & F 258 or equiv)
- ___ 3 HPER-F 348 Human Dev III - Early, Mid, and Late Adulthood*
(P:HPER-F 150 & F 258 or equiv)
- ___ 3 HPER-F417 African American and Latino Families
(P: HPER-F 150, F 258 or equivalent)
- ___ 3 HPER-F 430 Professional Preparation in HDFS**
(P: HDFS major; Jr/Sr, P/C:18 cr. of F crses incl F346,F347&F348)
- ___ 6 HPER-F 442 Internship in HDFS (graded S/F) +
(P:HPER-F 430; 2.5 GPA, Jr/Sr standing; consent of instructor)
- ___ 3 HPER-F 341 Effects of Divorce on Children
- OR- HPER-F 457 Stress and Resilience in the Family
(P:HPER-F 150 & F 258 or equiv; Sr standing)
- OR- HPER-F 460 Grief in a Family Context
(P: HPER-F 150, HPER-F 258 or equivalents)
- ___ 3 HPER-F _____
(Must be approved at the 300 or 400 level, except F345)
- ___ 3 HPER-H 494 Research & Evaluation Methods - Hlth & Safety
(P:Jr/Sr standing)
- ___ 3 HPER-N 220 Nutrition for Health
- OR- HPER-N 231 Human Nutr (P: CHEM-C 101 or equiv & biol.)
- OR- HPER-N 331 Life Cycle Nutrition **
- ___ 3 Computer Literacy (BUS-K201, CSCI-A110, HPER-P200, R237)
- ___ 3 MATH/PSY-K 300 Statistical Techniques
- OR- HPER-H 391 Intro to Health Information and Statistics **

* = Fall only ** = Spring only

Professional Electives (Choose 24 credits from courses listed on reverse side. 18 credits must be at the 300/400 level. A minimum C- grade required for each course.)

General Education (45 Credits)

Humanities (12 credits)

Oral and Written Expression (6 credits)

- ___ 3 ENG W-131 Elementary Composition 1 (C- or better) **OR**
ENG-W 170 Projects in Reading & Writing (C- or better)
- ___ 3 CMCL-C 121 Public Speaking (C122 may not substitute).

Select 3 credits from:

- ___ 3 ENG-W 103 Introductory Creative Writing
- ___ 3 ENG-W 231 Professional Writing Skills
- ___ 1 ENG-W 143 Interdiscip Stdy Expos Writing (offered w/ course)
- ___ 3 CMCL-C 122 Interpersonal Communication

Select a 3 credit Humanities elective:

___ 3 _____

Life and Physical Science (12 credits)

- ___ 3 BIOL-L 104 Intro Biology Lectures (Human biology recommended)
- ___ 3 CHEM-C 100 The World as Chemistry (or C101 or C103 or C117)
- ___ 3 MATH-A 118/M118 Finite Mathematics **OR**
MATH-M 119 Brief Survey of Calculus I **OR**
MATH D116 + D117 Introduction to Finite Math I & II (4 cr)

Select a 3 credit Life and Physical Science elective:

___ 3 _____

Social & Behavioral Science (21 credits required)

- ___ 3 PSY-P 101 Introductory Psychology I (OR P151)
- ___ 3 PSY-P 102 Introductory Psychology II (OR P152)
- ___ 3 PSY-P 324 Abnormal Psychology
- ___ 3 SOC-S 100 Introduction to Sociology (or SOC S101)
- ___ 3 SOC-S 210 or S215 or S217 or S230
- ___ 3 SOC-S 316 Sociology of the Family

Select a 3 credit Social & Behavioral Science elective from ANTH, CJUS, ECON, GEOG (human and regional), HIST, POLS.

___ 3 _____

Free Electives (7 credits; P/F allowed)

+There is an application process for the internship (F 442) which must be completed six (6) weeks prior to the semester in which the credit is to be earned. Check with the internship coordinator for information packet.

Professional electives (OTHERS OK w/ ADVISOR APPROVAL)

AAAD A210, A425

AMST A202

CRJU P100, P200, P202, P290, P300, P302, P303, P304, P320, P340, P360, P370, P371, P375, P380, P381, P411, P412, P423, P425, P435, P439, P450, P457, P460, P461, P462 (strongly recommended), P471, P475, P493

EDUC E330, E335, K205, P465

GNDR G101, G102, G104, G105, G205, G215, G225, G290, G302, G303, G402, G425, G485

HIST H231

HPER C310, C315, C335, C354, C366, C403, C416, F317^a, F341, F355, F370, F417, F440, F441, F444, F452, F453, F457^b, F460, H150, H160, H163, H172, H174, H180, H220, H234, H263, H305, H306, H311, H315, H317^a, H318, H319, H320, H326, H340, H350, H418, H464, N220, N231, N331 (strongly recommended), N336, P290, P398, P405, R160, R340, R365, R366, T101, T142, T201, T202, T301, T302, T401

NURS Any course

PSY P303, P304, P319, P323, P325, P326, P327, P329, P335, P425

SOC S101, S210, S215, S217, S230, S302, S305, S308, S309, S312, S313, S315, S317, S320, S321, S324, S326, S329, S335, S338, S422, S344

SPHS S433

SPEA V160, V161, V221, V263, V362, V366, V373, V432, V435, V436, V450, V462, V463, H320, H455

SWK S100, S141, S221, S300, S332, S352

PRE-HEALTHCARE PROFESSION STUDENTS: PLEASE SEE ADVISOR FOR COURSE SUBSTITUTIONS IN PROFESSIONAL ELECTIVES

^aHPER-F 317 and H 317 may be repeated with different topics.

^bIf HPER-F 341, F 457 or F 460 are not taken as a required professional course (see front), they can be taken as a professional elective

HDFS majors are strongly encouraged to complete the requirements for COLL minors in Psychology and/or Sociology. Other minors also encouraged. See COLL bulletin for minor requirements. C- or better, no P/F.

Membership in a professional organization is STRONGLY recommended.

SOCIETY FOR RESEARCH IN CHILD DEVELOPMENT

www.srcd.org

NATIONAL COUNCIL ON FAMILY RELATIONS

www.ncfr.org

Suggested Course Sequence for Human Development and Family Studies

FRESHMAN YEAR

<i>Fall Semester</i>		<i>Spring Semester</i>	
ENG-W 131	(3)	HPER-F 255	(3)
HPER-F 150	(3)	HPER-F 258	(3)
PSY-P 101	(3)	PSY-P 102	(3)
BIOL-L 104	(3)	MATH-M 118	(3)
Computer Lit.	(3)	SOC-S 100	(3)

SOPHOMORE YEAR

<i>Fall Semester</i>		<i>Spring Semester</i>	
HPER-F 346	(3)	HPER-N220/N231(3)	
Profes. Elect	(3)	CMCL-C 121	(3)
CHEM-C 100	(3)	HPER-F 347	(3)
Soc/Beh elect	(3)	SOC-S 210**	(3)
ENG-W 103*	(3)	Human elect	(3)
Free elect	(1)	Free elect	(1)
or ENG-W 231		or SOC-S 215	
or CMCL-C 122		or SOC-S 217	
		or SOC-S 230	

JUNIOR YEAR

<i>Fall Semester</i>		<i>Spring Semester</i>	
HPER-F 317		Profes elect	(3)
or alternative	(3)	HPER-F 430	(3)
HPER-F 348	(3)	PSY-K 300	(3)
L&P sci elect	(3)	Profes elect	(3)
Profes elect	(3)	Free elect	(3)
Profes elect	(3)	Free elect	(1)
Free elect	(1)		

SENIOR YEAR

<i>Fall Semester</i>		<i>Spring Semester</i>	
HPER-H 494	(3)	HPER-F 457	(3)
PSY-P 324	(3)	HPER-F 442***	(6)
SOC-S 316	(3)	Profes. elective	(3)
Profes elect	(3)	Profes. elective	(3)
Profes elect	(3)	*** or summer of jr. or sr. year	